

VEGGIE FEST 2010 FOOD DEMO SCHEDULE

SATURDAY, August 7th

TENTS	#1	#2	#3
12:00 PM	Southern Hospitality		
12:30 PM		Vegan in 30 Days with Sarah Taylor	
1:00 PM			Create a Meal with a Salad
1:30 PM	Rah Rah Raw		
2:00 PM		Raw for Dessert with Jennifer Cornbleet	
2:30 PM			Thai Appetizers
3:00 PM	Vegetarian Food for Athletes		
3:30 PM		Indian Delights	
4:00 PM			Nature's Path Makes Snacks
4:30 PM	Eating Healthy with a Raw Diet		
5:00 PM		Gluten-free Vegetarian	
5:30 PM			South of the Border
6:00 PM	Healthy Vegetarian Kids		
6:30 PM		Veggie Power Burgers	
7:00 PM			

SUNDAY, August 8th

TENTS	#1	#2	#3
12:00 PM	Southern Hospitality		
12:30 PM		Vegan Global Fusion with Louise Hagler	
1:00 PM			Create a Meal with a Salad
1:30 PM	Rah Rah Raw		
2:00 PM		Speed Vegan with Alan Roettinger	
2:30 PM			Nature's Path Makes Snacks
3:00 PM	Gluten-free Vegetarian		
3:30 PM		Manna Breads Presents with Marcus Schramm	
4:00 PM			South of the Border
4:30 PM	Healthy Vegetarian Kids		